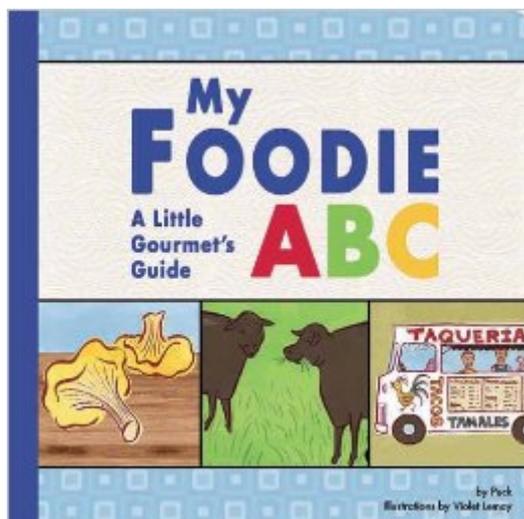


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# My Foodie ABC: A Little Gourmet's Guide



## Synopsis

A delightful educational tool that stresses the importance of having a healthy relationship with food, this board book teaches the letters of the alphabet to tots and other gastronomes in training. Stylish and dazzling illustrations that highlight terms such as Kobe beef, pomegranate, ice cream, and farmerâ€™s market pair with fun foodie facts to make learning the alphabet easy and enriching. A complete introduction to the alphabet and gastronomic terms, this unique book also includes a pronunciation guide, making it an ideal companion for food aficionados.

## Book Information

Board book: 22 pages

Publisher: Duo Press; 1 Brdbk edition (July 9, 2010)

Language: English

ISBN-10: 098252952X

ISBN-13: 978-0982529522

Product Dimensions: 7.1 x 0.6 x 6.9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (18 customer reviews)

Best Sellers Rank: #232,712 in Books (See Top 100 in Books) #193 in [Books > Children's Books > Children's Cookbooks](#) #249 in [Books > Children's Books > Early Learning > Basic Concepts > Alphabet](#)

Age Range: 3 - 5 years

Grade Level: Preschool - Kindergarten

## Customer Reviews

This is a great little book for a foodie of any age. My husband and I are always looking for ways to include our son into our activities--especially important activities like learning to cook and enjoy healthy food. Our little guy is only 5 months old, but he loves looking at the brightly colored pictures. It's a durable board book so he is able to grasp the pages without damaging them. We talk about food in the kitchen while cooking together as a family. We often pull this book out and read it to him at the table while one of us preps dinner. From there we walk around the kitchen and talk about what foods we are preparing that night. But the book isn't only for little ones. My husband and I also learned a thing or two from the descriptions--like that saffron (S) comes from the red stigmas of a bright purple flower. As parents, we enjoy having a book that is a bit more complex than B is for ball etc. There's just enough trivia for each letter to keep Mom and Dad interested too. Overall I think

this is a good purchase that will grow with your household and be appreciated for a long time. The only negative I can think of (and it's a very small one) is that the beautifully illustrated letters blend into the background a little more than they do in a conventional high contrast ABC book, which could be a bit challenging for an older child just learning to identify letters, but probably only slightly.

As "foodies" we get a big kick out of this book. We bought it for the baby we are expecting. Our other two daughters ages 6 and 8 really enjoyed and learned a lot from it. A great choice for the foodie in your life (and their child :).

This is a very cute book for those who know their way around the culinary arts. Not sure I want to teach my kids top of the line eating on my budget, but I always appreciate that they have broad and smart learning experiences. This book is just that!

Brilliantly fantastic. What a fun way to introduce our kids to the foods that WE love to eat. My daughter loves the illustrations, and we love being able to teach her words like quinoa, opah, and habanero.

"My Foodie ABC: A Little Gourmet's Guide" is a luscious looking, illustrated pasteboard alphabet of special foods that any child could learn to love with proper exposure. Written by famous gourmet chef Puck, "My Foodie ABC" covers delicious unusual foods from chantarelles to weisswurst, from jicama and opah to xuxu and yucca and nopales. Foods representing alphabet letters are accompanied by pictures, definitions, pronunciations, descriptions, and other miscellaneous facts. Additional foodie terms are also used, such as locavore, farmers' market, and vegetarian. All in all, "My Foodie ABC" is a first class effort to educate young taste buds while promoting literacy. "My Foodie ABC" is fun for both preschoolers and adults.

My Foodie ABC is an excellent choice for gourmet parents and their babies and children. My three month old loves the simple, colorful, and tasty pictures. His shorter attention span can handle the concise food descriptions too. I love the fact that the book includes some very interesting and lesser known foods (I learned more about dragon fruit than I knew before!). I look forward to reading this book to my son when he's older too...when he can try some of the foods after or while we read!

My daughter has an extensive palet for a 2yr old and is familiar with many of the items in this book.

She loves seeing the "num nums" she loves and hearing about a few new ones. The mix of items from different cuisines is nice.

This is a great book for kids and their adults. It's cute, funny, and informative. It could even turn kids on to new foods! The illustrations are charming, and the pronunciations are helpful for unfamiliar words.

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